



# Message Notes

## Winning Against Evil – Salvation

### **Ephesians 6**

<sup>10</sup>Finally, be strong in the Lord and in his mighty power. <sup>11</sup>Put on the full armor of God so that you can take your stand against the devil's schemes. <sup>12</sup>For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. <sup>13</sup>Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. <sup>14</sup>Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace...<sup>16</sup>In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one, <sup>17</sup>Take the helmet of salvation

### **We must grasp:**

- **Evil's Reality & Strategy— (Lies and Temptation)**
- **Our Vulnerability (Holes)**
- **God's Victory (Realized in Our Lives)**

- \* Buckled up with Truth, His truths and truthfulness!
- \* The Breastplate of Righteousness in place!
- \* Feet fitted with Readiness that comes from the Gospel of Peace
- \* Take up the Shield of Faith which extinguishes all the flaming arrows of the evil one!

### **Take the Helmet of Salvation!**

Why Salvation?      D \_\_\_\_\_

Why Helmet?      The vulnerability of my M \_\_\_\_\_, my \_\_\_\_\_!

My mind is extremely I \_\_\_\_\_ but not at all Invulnerable.  
My ability to think is very P \_\_\_\_\_ but not inherently  
P \_\_\_\_\_ therefore is it a reliable lens for interpreting life.

## The Un –Helmeted, Un-Salvation-ed Mind

*Romans 1* <sup>21</sup>For although they knew God, they neither glorified him as God nor gave thanks to him, but their thinking became futile and their foolish hearts were darkened. <sup>22</sup>Although they claimed to be wise, they became fools <sup>23</sup>and exchanged the glory of the immortal God for images made to look like mortal man and birds and animals and reptiles.....<sup>26</sup>Because of this, God gave them over to shameful lusts. Even their women exchanged natural relations for unnatural ones. <sup>27</sup>In the same way the men also abandoned natural relations with women and were inflamed with lust for one another. Men committed indecent acts with other men, and received in themselves the due penalty for their perversion. <sup>28</sup>Furthermore, since they did not think it worthwhile to retain the knowledge of God, he gave them over to a depraved mind, to do what ought not to be done.

*Ephesians 4:17-19*

## The Helmeted, Salvation-ed Mind

*Romans 12* <sup>1</sup>Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual<sup>[a]</sup> act of worship. <sup>2</sup>Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

*Colossians 3* <sup>1</sup>Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. <sup>2</sup>Set your minds on things above, not on earthly things. <sup>3</sup>For you died, and your life is now hidden with Christ in God.

*Philippians 4* <sup>8</sup>Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. <sup>9</sup>Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Perhaps our minds are better S \_\_\_\_\_ S \_\_\_\_\_ in our lives  
than S \_\_\_\_\_ S \_\_\_\_\_ of our lives.

# PRAYER & DEVOTION

*Over the next week I encourage you to practice personal connection with God! Hear His refreshing words of hope as we learn to trust Him everyday! Trusting Jesus will bring positive change and deep purpose into our lives. Spending some time everyday with God in prayer and contemplation on some Bible passages is a simple, but life-changing encounter! The following schedule of scripture readings will give you an opportunity to unpack some of what God says about “the Salvation of our Mind”!*

## **Helpful Hints:**

- 1) Find a quiet place along with 15-20 minutes!
- 2) Focus on God for a few moments asking His Spirit to speak to your heart!
- 3) Listen to Him by reading a section of scripture then rereading it several times, dwelling on “words and phrases” which grab your heart’s attention.  
Ask God, “What do You want me to hear?” “Why this word at this time?”  
“How are You inviting me to respond?”
- 4) Pray everything that is on your heart and mind as you are ready!  
*Worship Him, Bless Him, Thank Him, Ask Him, Trust Him*

## **Prayer and Devotion Guide**

October 19-24

**Monday**            **Romans 12:1-2**

Personal Notes:

**Tuesday**           **Romans 12:9-21**

Personal Notes:

**Wednesday**      **Ephesians 2:1-10**

Personal Notes:

**Thursday:**        **Ephesians 4:17-24**

Personal Notes:

**Friday:**            **Philippians 4:4-10**

Personal Notes:

**Saturday:**        **Ephesians 4:25-32**

Personal Notes:

## **“Surrendering My Mind”**

### A Personal and Small Group Study

Do you remember the commercial that promoted education for all people in America—“*A mind is a terrible thing to waste!*” That is true! Our minds can also be a terrible slave-driver, taskmaster or dictator in our lives. We know that God calls us to surrender. We struggle with that and may buck the reality of it but the call of God to surrender to Him is real. The part of me that is so often the hardest part to surrender is my “mind”, my “thinking”. I have patterns of thinking and learned processes of thought progression that have formed my own personal “normal” for working through life. Some of these thinking “normals” are really good—but some of them are not so good and not so healthy but very ingrained.

Paul indicates that in my battle with evil my “thinking” is vulnerable and weak—He seems to say it needs the protection of salvation—of deliverance.

Take a look at **Ephesians 4:17-24**. read this slowly and more than once.

What does Paul say about the “vulnerability” of the human mind?

What evidence is there in our culture that we have “thought ourselves into destructive lifestyles and behaviors?

How has your “thinking” at times been destructive for the presence of joy, hope and love in your own heart and in your own relationships?

Now take a look at some very helpful guidance in putting on the “Helmet of Salvation” - in living with a saved mind.

Read and really digest these verses!

**Romans 12:1-2**

**Colossians 3:1-4** (You can continue to verse 17 if you have time.)

**Philippians 4:4-9** (esp. 8-9)

**Enjoy the hope and joy that “saved thinking” gives for your life!**