

## “Fight for Joy”

*A Personal or Small Group Experience*

Jesus told us a big and well kept secret about Satan when He called him a thief and a liar and said that he comes to “steal, kill and destroy..”. There are so many good gifts from God that He can’t stand for us to experience that he throws everything he has at us so we will “give it up” and he can steal. Remember, Satan is powerful but not all powerful. He is more powerful than us but not than God . He is not powerful enough to win against us as long as we are connected to Christ. That is why the apostle Paul says, “I can do all things **through Him (Christ)** who strengthens me.” Phil.4:13 Worship is a key counter attack—thief resister, lie defeating activity. One particular gift from God that is so often in short supply that God deeply wants us to have much of is—JOY! JOY is also a gift from God that seems to be at the top of Satan’s list to steal. He does not want us to experience JOY. So often we just allow it to “be taken” from us so easily. The simplest of negative circumstances is often all Satan needs to steal our JOY. So important for our lives and so easy to lose. Perhaps God is saying FIGHT—FIGHT for JOY! Worship is key in our fight for JOY!

Work through the following words of scripture!

- Notice, list and savor (yes savor) the words that help you experience JOY!
- Talk about any and all “helps” that are in the texts that help you fight the battle for JOY!
- Discuss how you are vulnerable to losing your JOY!
- How does worship help?
- How can we help each other?
- What does God want you to receive and really take into your heart from these verses?

### Psalm 95

### Colossians 3:12-17

### Ephesians 5:15-20



**Arise, shine, for your light has come, and the glory of the LORD rises upon you.**

Isaiah 60:1

### “Connecting With God” Weekly Guide

This booklet is a resource to help you “Connect with God” this week. He deeply desires ongoing personal connection with you. You are that important to Him.

**This Page** has some scripture verses for you to meditate on each day this week. Notice the helpful hints section – these are great things to consider when personally engaging with God through His Word.

**The Center Pages contain** the notes and outline for the message given on Sunday. The message is also available as an audio download from [www.pointofgracechurch.org](http://www.pointofgracechurch.org)

**The Back Page** has a study written specifically for a small group of people (or an individual) to drill down deeper into a particular aspect of the week’s theme. Small groups can review memorable points of the week’s message and then work through the study concluding with a time of prayer.

### *Scripture & Meditation Guide - January 31- February 5*

#### Helpful Hints:

- 1) Find a quiet place along with 15-20 minutes!
- 2) Focus on God for a few moments asking His Spirit to speak to your heart!
- 3) Listen to Him by reading a section of scripture then rereading it several times, dwelling on “words and phrases” which grab your heart’s attention.  
Ask God, “What do You want me to hear?” “Why this word at this time?”  
“How are You inviting me to respond?”

- 4) Pray everything that is on your heart and mind as you are ready!

*Worship Him, Bless Him, Thank Him, Ask Him, Trust Him*

**Monday:** Psalm 27

**Tuesday:** Psalm 84

**Wednesday:** Colossians 3:12-17

**Thursday:** Ephesians 5:15-20

**Friday:** 1 Peter 5:5-11

**Saturday:** Psalm 95